

## 2026 TEACHER TRAINING CALENDAR

■ IN-PERSON

● VIRTUAL

### APRIL

FRIDAY	SATURDAY	SUNDAY
<p><b>Apr 24</b></p> <p>✨New, ✨■ Movement Principles &amp; Pilates Essentials 4–8pm</p>	<p><b>Apr 25</b></p> <p>■ Movement Principles &amp; Pilates Essentials 1–7:30pm</p>	<p><b>Apr 26</b></p> <p>■ Movement Principles &amp; Pilates Essentials 1–7:30pm</p>

### MAY

FRIDAY	SATURDAY	SUNDAY
<p><b>May 1</b></p> <p>■ Reformer 1 4–8pm</p>	<p><b>May 2</b></p> <p>■ Reformer 1 1–7:30pm</p>	<p><b>May 3</b></p> <p>■ Reformer 1 1–7:30pm</p>
<p><b>May 15</b></p> <p>■ Anatomy 3D w/ Clay 1:30–7pm</p>	<p><b>May 16</b></p> <p>■ Anatomy 3D w/ Clay 12–7pm</p>	<p><b>May 17</b></p> <p>■ Anatomy 3D w/ Clay 11am–5pm</p>
<p><b>May 29</b></p> <p>■ Reformer 2 4–8pm</p>	<p><b>May 30</b></p> <p>■ Reformer 2 1–7:30pm</p>	<p><b>May 31</b></p> <p>■ Reformer 2 1–7:30pm</p>

### JUNE

FRIDAY	SATURDAY	SUNDAY
<p><b>Jun 5</b></p> <p>● Anatomy for Movement Professionals 12–4pm</p>	<p><b>Jun 6</b></p> <p>● Anatomy for Movement Professionals 12–4pm</p>	<p><b>Jun 7</b></p> <p>● Anatomy for Movement Professionals 12–4pm</p>
<p>✨New, ✨● Movement Principles &amp; Pilates Essentials 10-4:30</p>	<p>● Movement Principles &amp; Pilates Essentials 10-4:30</p>	<p>● Movement Principles &amp; Pilates Essentials 10-4:30</p>
<p><b>Jun 26</b></p> <p>● Mat 1 9am–6pm</p> <p>■ ● CoreAlign 1: Foundations 1–6:30pm</p>	<p><b>Jun 27</b></p> <p>● Mat 1 9am–6pm</p> <p>■ ● CoreAlign 1: Foundations 1–6:30pm</p>	<p><b>Jun 28</b></p> <p>■ ● CoreAlign 1: Foundations 1–6:30pm</p>

### JULY

FRIDAY	SATURDAY	SUNDAY
<p><b>Jul 10</b></p> <p>● Mat 2 9am–6pm</p>	<p><b>Jul 11</b></p> <p>● Mat 2 9am–6pm</p>	
<p><b>Jul 17</b></p> <p>● Reformer 1 9am–6pm</p>	<p><b>Jul 18</b></p> <p>● Reformer 1 9am–6pm</p>	
<p><b>Jul 24</b></p> <p>■ ● CoreAlign 2: Progressions 1–6:30pm</p>	<p><b>Jul 25</b></p> <p>■ ● CoreAlign 2: Progressions 1–6:30pm</p>	<p><b>Jul 26</b></p> <p>■ ● CoreAlign 2: Progressions 1–6:30pm</p>

### AUGUST

FRIDAY	SATURDAY	SUNDAY
<b>Aug 7</b> ● Mat 3 9am-6pm	<b>Aug 8</b> ● Mat 3 9am-6pm	
<b>Aug 21</b> ● Reformer 2 9am-6pm	<b>Aug 22</b> ● Reformer 2 9am-6pm	

## SEPTEMBER

FRIDAY	SATURDAY	SUNDAY
✨New✨ ■ ● Movement Principles & Pilates Essentials 4-8pm	■ ● Movement Principles & Pilates Essentials 1-7:30pm	■ ● Movement Principles & Pilates Essentials 1-7:30pm
<b>Sep 11</b> ■ ● Mat 1 4-8pm	<b>Sep 12</b> ■ ● Mat 1 1-7:30pm	<b>Sep 13</b> ■ ● Mat 1 1-7:30pm
■ Adv. Movement: Lower Body 1-7:30pm	■ Adv. Movement: Lower Body 1-7:30pm	■ Adv. Movement: Lower Body 1-7:30pm
<b>Sep 18</b> ■ ● Mat 2 4-8pm	<b>Sep 19</b> ■ ● Mat 2 1-7:30pm	<b>Sep 20</b> ■ ● Mat 2 1-7:30pm
<b>Sep 25</b> ■ ● Mat 3 4-8pm	<b>Sep 26</b> ■ ● Mat 3 1-7:30pm	<b>Sep 27</b> ■ ● Mat 3 1-7:30pm

## OCTOBER

FRIDAY	SATURDAY	SUNDAY
<b>Oct 2</b> ■ Reformer 1 4-8pm	<b>Oct 3</b> ■ Reformer 1 1-7:30pm	<b>Oct 4</b> ■ Reformer 1 1-7:30pm
■ Adv. Movement: Upper Body 1-7:30pm	■ Adv. Movement: Upper Body 1-7:30pm	■ Adv. Movement: Upper Body 1-7:30pm
<b>Oct 16</b> ■ Reformer 2 4-8pm	<b>Oct 17</b> ■ Reformer 2 1-7:30pm	<b>Oct 18</b> ■ Reformer 2 1-7:30pm
<b>Oct 23</b> ■ Reformer 3 4-8pm	<b>Oct 24</b> ■ Reformer 3 1-7:30pm	<b>Oct 25</b> ■ Reformer 3 1-7:30pm

## NOVEMBER

FRIDAY	SATURDAY	SUNDAY
<b>Nov 6</b> ■ Cadillac/Trapeze/Tower 3-8pm	<b>Nov 7</b> ■ Cadillac/Trapeze/Tower 1-8pm	<b>Nov 8</b> ■ Cadillac/Trapeze/Tower 1-8pm
<b>Nov 13</b> ■ Springboard 1-7pm	<b>Nov 14</b> ■ Chair 1-8pm	<b>Nov 15</b> ■ Chair 1-8pm
	MONDAY	
	<b>Nov 16</b> ■ Barrels 1-7pm	