

EHS Pilates Teacher Training

Complete Investment Breakdown

Individual Module Pricing

*Each module requires **CLARA Digital Access - \$75/module** Includes: Digital manual, eBook, videos, quizzes, audio guides, and Movement Principles textbook. All materials accessible 24/7 from any device.*

| Module | Cost |
|---------------------|-------|
| Reformer 1 | \$625 |
| Reformer 2 | \$625 |
| Reformer 3 | \$625 |
| Mat 1 | \$625 |
| Mat 2 | \$625 |
| Mat 3 | \$625 |
| Movement Principles | \$625 |
| Chair | \$555 |
| Barrels | \$415 |
| Cadillac | \$695 |

Anatomy Requirement

Required for Reformer, Mat & Reformer, and Comprehensive certifications

| Option | Hours | Cost |
|-----------------|--------------------|-------|
| Virtual Anatomy | 12 hours online | \$425 |
| Anatomy in 3D | 16 hours in-person | \$625 |

Complete Program Costs

Comprehensive Training

- Mat 1, 2, 3: \$1,875 ($\625×3)
- Reformer 1, 2, 3: \$1,875 ($\625×3)
- Movement Principles: \$625
- Chair: \$555
- Barrels: \$415
- Cadillac: \$695
- Anatomy (12-16 hours): \$425 - \$625
- CLARA Access for all courses: \$825

TOTAL INVESTMENT: \$7,290 - \$7,490

**Depending on anatomy option*

Mat & Reformer Training

- Mat 1, 2, 3: \$1,875 ($\625×3)
- Reformer 1, 2, 3: \$1,875 ($\625×3)
- Anatomy (12-16 hours): \$425 - \$625
- CLARA Access for all courses: \$525

TOTAL INVESTMENT: \$4,700 - \$4,900

**Depending on anatomy option*

Reformer Only

- Movement Principles \$625
- Reformer 1, 2, 3: \$1,875
- Anatomy: \$425 - \$625
- CLARA Access for all courses: \$375

TOTAL: \$3,300 - \$3,500

**Depending on anatomy option*

Mat Only

- Movement Principles \$625
- Mat 1, 2, 3: \$1,875
- Anatomy: Optional
- CLARA Access for all courses: \$300

TOTAL: \$2,800

**Depending on anatomy option*

EHS Student Benefits (included with Comprehensive Training)

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| Student Sundays Complete all required lab hours at no charge with full studio equipment access | Equipment Access Practice on professional Balanced Body equipment - no equipment purchase required | EHS Discounts Special student discounts on all EHS Pilates services, classes, and private sessions |
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Payment & Flexibility

Modular Approach: Pay as you go! Complete modules at your own pace as your budget and schedule allow.

Lab Hours: Unlike other programs, Comprehensive Training students' required observation and student teaching hours are completely free through our Student Sunday program.

Ready to Start Your Pilates Teaching Journey?

Contact Tracey: Tracey@ehspilates.com • 415-548-3200