



# Authorized Training Center

## 2026 TEACHER TRAINING CALENDAR

■ IN-PERSON

● VIRTUAL

### APRIL

FRIDAY	SATURDAY	SUNDAY
<p>April 24</p> <p>✦✦ New ✦✦ Movement Principles &amp; Pilates Essentials <i>Pre-Requisite</i></p> <p>4–8pm</p>	<p>April 24</p> <p>✦✦ New ✦✦ Movement Principles &amp; Pilates Essentials <i>Pre-Requisite</i></p> <p>1–7:30pm</p>	<p>April 24</p> <p>✦✦ New ✦✦ Movement Principles &amp; Pilates Essentials <i>Pre-Requisite</i></p> <p>1–7:30pm</p>

### MAY

FRIDAY	SATURDAY	SUNDAY
<p>May 1</p> <p>■ Reformer 1</p> <p>4–8pm</p>	<p>May 2</p> <p>■ Reformer 1</p> <p>1–7:30pm</p>	<p>May 3</p> <p>■ Reformer 1</p> <p>1–7:30pm</p>
<p>May 15</p> <p>■ Anatomy 3D w/ Clay</p> <p>1:30–7pm</p>	<p>May 16</p> <p>■ Anatomy 3D w/ Clay</p> <p>12–7pm</p>	<p>May 17</p> <p>■ Anatomy 3D w/ Clay</p> <p>11am–5pm</p>
<p>May 29</p> <p>■ Reformer 2</p> <p>4–8pm</p>	<p>May 30</p> <p>■ Reformer 2</p> <p>1–7:30pm</p>	<p>May 31</p> <p>■ Reformer 2</p> <p>1–7:30pm</p>

### JUNE

FRIDAY	SATURDAY	SUNDAY
<p>Jun 5</p> <p>● Anatomy</p> <p>12–4pm</p>	<p>Jun 6</p> <p>● Anatomy</p> <p>12–4pm</p>	<p>Jun 7</p> <p>● Anatomy</p> <p>12–4pm</p>

• VIRTUAL POP-UP SESSIONS (Spring/Summer 2026)

<ul style="list-style-type: none"> <li>• ✨ New ✨</li> </ul> Movement Principles & Pilates Jun 12–14 • Fri–Sun 9am – 5pm	<ul style="list-style-type: none"> <li>• Mat 1</li> </ul> TBD • Fri–Sat 9am – 5pm	<ul style="list-style-type: none"> <li>• Mat 2</li> </ul> TBD • Fri–Sat 9am – 5pm
<ul style="list-style-type: none"> <li>• Mat 3</li> </ul> TBD • Fri–Sat 9am – 5pm	<ul style="list-style-type: none"> <li>• Reformer 1</li> </ul> TBD • Fri–Sat 9am – 5pm	<ul style="list-style-type: none"> <li>• Reformer 2</li> </ul> TBD • Fri–Sat 9am – 5pm

## SEPTEMBER

FRIDAY	SATURDAY	SUNDAY
<b>Sep 4</b> <ul style="list-style-type: none"> <li>• ✨ New ✨</li> </ul> Movement Principles & Pilates Essentials <i>Pre-Requisite</i> 4–8pm	<b>Sep 5</b> <ul style="list-style-type: none"> <li>• ✨ New ✨</li> </ul> Movement Principles & Pilates Essentials <i>Pre-Requisite</i> 1–7:30pm	<b>Sep 6</b> <ul style="list-style-type: none"> <li>• ✨ New ✨</li> </ul> Movement Principles & Pilates Essentials <i>Pre-Requisite</i> 1–7:30pm
<b>Sep 11</b> <ul style="list-style-type: none"> <li>• Mat 1</li> </ul> 4–8pm	<b>Sep 12</b> <ul style="list-style-type: none"> <li>• Mat 1</li> </ul> 1–7:30pm	<b>Sep 13</b> <ul style="list-style-type: none"> <li>• Mat 1</li> </ul> 1–7:30pm
<b>Sep 18</b> <ul style="list-style-type: none"> <li>• Mat 2</li> </ul> 4–8pm	<b>Sep 19</b> <ul style="list-style-type: none"> <li>• Mat 2</li> </ul> 1–7:30pm	<b>Sep 20</b> <ul style="list-style-type: none"> <li>• Mat 2</li> </ul> 1–7:30pm
<b>Sep 25</b> <ul style="list-style-type: none"> <li>• Mat 3</li> </ul> 4–8pm	<b>Sep 26</b> <ul style="list-style-type: none"> <li>• Mat 3</li> </ul> 1–7:30pm	<b>Sep 27</b> <ul style="list-style-type: none"> <li>• Mat 3</li> </ul> 1–7:30pm

## OCTOBER

FRIDAY	SATURDAY	SUNDAY
<b>Oct 2</b> <ul style="list-style-type: none"> <li>• Reformer 1</li> </ul> 4–8pm	<b>Oct 3</b> <ul style="list-style-type: none"> <li>• Reformer 1</li> </ul> 1–7:30pm	<b>Oct 4</b> <ul style="list-style-type: none"> <li>• Reformer 1</li> </ul> 1–7:30pm
<b>Oct 16</b> <ul style="list-style-type: none"> <li>• Reformer 2</li> </ul> 4–8pm	<b>Oct 17</b> <ul style="list-style-type: none"> <li>• Reformer 2</li> </ul> 1–7:30pm	<b>Oct 18</b> <ul style="list-style-type: none"> <li>• Reformer 2</li> </ul> 1–7:30pm
<b>Oct 23</b> <ul style="list-style-type: none"> <li>• Reformer 3</li> </ul> 4–8pm	<b>Oct 24</b> <ul style="list-style-type: none"> <li>• Reformer 3</li> </ul> 1–7:30pm	<b>Oct 25</b> <ul style="list-style-type: none"> <li>• Reformer 3</li> </ul> 1–7:30pm

## NOVEMBER

FRIDAY	SATURDAY	SUNDAY
<b>Nov 6</b> <ul style="list-style-type: none"> <li>• Cadillac</li> </ul> 3–8pm	<b>Nov 7</b> <ul style="list-style-type: none"> <li>• Cadillac</li> </ul> 1–8pm	<b>Nov 8</b> <ul style="list-style-type: none"> <li>• Cadillac</li> </ul> 1–8pm
<b>Nov 13</b> <ul style="list-style-type: none"> <li>• Springboard</li> </ul> 1–7pm	<b>Nov 14</b> <ul style="list-style-type: none"> <li>• Chair</li> </ul> 1–8pm	<b>Nov 15</b> <ul style="list-style-type: none"> <li>• Chair</li> </ul> 1–8pm
MONDAY		
<b>Nov 16</b> <ul style="list-style-type: none"> <li>• Barrels</li> </ul> 1–7pm		

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[info@ehspilates.com](mailto:info@ehspilates.com) • [www.ehspilates.com](http://www.ehspilates.com) • 415-285-5808