

# THE EHS / BBU Bridge Program and EHS Institute Certificate of Completion

In 2010, EHS Pilates Institute are offering a bridge program so that former EHS Pilates Institute graduates can obtain their official Balanced Body University (BBU) Assessment-Based Certification (ABC). As the Pilates industry regulates and registers on a state and national level, we want to ensure that all EHS Institute graduates have the opportunity to receive an internationally recognized Pilates training certificate. The following information below will help clarify what the Bridge Program is and what category you may fall into and the next steps needed to become affiliated with a registered training institute and formalize your standing in this growing Pilates profession.

[Nancy to do: some copy about the Pilates industry formalizing, regulate, .... standards and such ....]

## EHS Pilates Institute Official Graduates

**Definition:** Instructors who have officially graduated from the EHS Pilates Institute and have completed (and passed) the written and practical exams. They can bridge their initial studies with that of the BBU Pilates Method and receive a BBU ABC.

**Requirements:** Must email with Nancy Myers, head of the EHS Pilates Institute, at [nancy@ehspilates.com](mailto:nancy@ehspilates.com) with the following information to obtain a certificate-in-good-standing\*.

- Name
- Contact information
- Studio affiliation
- Continuing Education summary
- Year completed EHS Program
- Have you officially tested out?
- Written Yes  No  Practical Yes  No

\*To apply to the BBU Bridge Program, all applicants MUST present a certificate-in-good-standing.

## EHS Pilates Institute Unofficial Graduates

**Definition:** Instructors who have NOT officially graduated from the EHS Pilates Institute via either the written or practical test and still need to receive their certificate of completion. Afterwards, either bridge with the BBU Method or continue with their current practice.

**Requirements:** Must email with Nancy Myers, head of the EHS Pilates Institute, at [nancy@ehspilates.com](mailto:nancy@ehspilates.com) with the following information to obtain a certificate-in-good-standing\*.

- Name
- Contact information
- Studio affiliation
- Continuing Education summary
- Year complete EHS Program
- Have you officially tested out?
- Written? Yes  No  Practical? Yes  No

\*To apply to the BBU Bridge Program, all applicants MUST present a certificate-in-good-standing.

## THE EHS/BBU BRIDGE PROGRAM

A 3-day (16 hour) program is one that defines, highlights, and teaches the fundamental differences between the BBU and Ellie Herman Methods. Upon completion of this program, you will receive your BBU ABC within two weeks and be listed on their national registry as a BBU Pilates instructor. \*

\$150—Application fee and Certificate processing  
\$620—16 hour Program  
\$350—BBU manuals  
\$180—Barrel module +  
\$50—Barrels manuals

**Total program \$1350**

\*Pre-requisite for the Bridge Program is the completion and passing of the written and practical test.

## IMPORTANT DATES TO REMEMBER!

### ⇒ EHS Testing and Review

(for complete certificate): February 9 – 11, 2010 / 12 – 2pm

### ⇒ BBU Module for Barrels: March 27 – 28, 2010

### ⇒ Bridge Program: April 30 – May 2, 2010

### ⇒ EHS Testing and Review

(for complete certificate): April 20 – 22, 2010 / 12 – 2pm

### ⇒ EHS Testing and Review

(for complete certificate): TBA in October

EHS Pilates  
1452 Valencia Street  
San Francisco, CA 94110  
[www.ehspilates.com](http://www.ehspilates.com)  
415-285-5808

